

# ***Continental Breakfasts***

A Minimum of 15 Guests is Required for Continental Breakfasts

## ***Halifax Sunrise***

### ***Choice of Two Juices:***

Orange, Grapefruit, Cranberry and Tomato

Fresh Seasonal Fruit

Display of Baked Items:

Croissants, Danish Pastries and Assorted Muffins

Sweet Butter with variety of Jams and Jellies

Regular & Decaffeinated Coffee

Selection of Herbal Teas

**\*Coffee Service included for One Hour\***

## ***Healthy Start***

### ***Choice of Two Juices:***

Orange, Grapefruit, Cranberry and Tomato

Fresh Seasonal Fruit

Display of Baked Items:

Croissants, Danish Pastries and Assorted Muffins

Sweet Butter with variety of Jams and Jellies

Assorted Dry Cereals with Milk

Assorted Individual Fruit Yogurts

Regular & Decaffeinated Coffee

Selection of Herbal Teas

**\*Coffee Service included for One Hour\***

## ***Tavern Continental***

### ***Choice of Two Juices:***

Orange, Grapefruit, Cranberry and Tomato

Fresh Seasonal Fruit

Cinnamon & Raisin, Onion, Sesame Seed and Plain Bagels

Smoked Salmon Lox Display with Capers and Onions

Assorted Cream Cheese

Regular & Decaffeinated Coffee

Selection of Herbal Teas

**\*Coffee Service included for One Hour\***